



Fitness & Pilates Club

	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
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MAÑANAS	09:00h	pilates matwork	studio pilates	pilates matwork	studio pilates	pilates matwork
		studio pilates	pilates matwork	studio pilates	pilates matwork	studio pilates
	10:00h	studio pilates	studio pilates	studio pilates	studio pilates	pilates matwork
		pilates matwork	áreaPamp	pilates matwork	áreaBalannce	
	11:00h	studio pilates	studio pilates	studio pilates	studio pilates	áreaPamp
		áreaBalannce	pilates matwork	zumba	pilates matwork	studio pilates

TARDES	15:00h		áreaPamp		trx	
	16:00h	pilates matwork	studio pilates	pilates matwork	studio pilates	
	17:00h	studio pilates	studio pilates	studio pilates	studio pilates	pilates matwork
		áreaBalannce	pilates matwork	zumba	pilates matwork	
	18:00h	studio pilates	studio pilates	studio pilates	studio pilates	studio pilates
		pilates matwork	trx	pilates matwork	zumba	áreaBalannce
	19:00h	studio pilates	studio pilates	studio pilates	studio pilates	pilates matwork
		zumba	pilates matwork	áreaPamp	pilates matwork	
	20:00h	studio pilates	studio pilates	studio pilates	studio pilates	studio pilates
		pilates matwork	áreaBalannce	pilates matwork	áreaPamp	
21:00h	studio pilates	studio pilates	studio pilates	studio pilates		
	áreaPamp	pilates matwork	trx	pilates matwork		
22:00h	pilates matwork		pilates matwork			



www.areaclub.es



C/ Imperial 20, Bajo - 02006 Albacete



967 10 10 20



/AreaFitnessPilatesClub

